



YOUTH BASKETBALL

Daviess County Family YMCA
405 NE 3rd St
Washington, IN 47501
812-254-4481
www.dccymca.org

It's time for Basketball!

The Daviess County Family YMCA basketball program is for children K-3rd grade (ages 5-9)

You may request 1 additional child to be on the same team as your child. The program Director and Coordinator will assign the rest of your team.

Number of volunteer coaches needed:

K-1: 6 volunteers (2 per team)

2-3: 6 volunteers (2 per team)

Here at the Daviess County Family YMCA, we take the emphasis OFF competition and place it ON skills development, teamwork, fair play, and sportsmanship. Every team member plays half of the game. Teams are led by our dedicated volunteer coaches, whom we could not run this program without! Our goal is to have two volunteer coaches per team. 1 coach per team are the referees for the K-1 league & the 2-3 league.

If you are interested in volunteering, please contact the Youth & Family Program and Athletic Director via email below or call 812-254-4481.

Miranda Mandabach

Youth & Family

Program/Athletic Director:

mmandabach@dcymca.org

All games are on Saturdays at the Daviess County Family YMCA. A game schedule will be sent out right before the season starts.

Game Dates: All Saturday's

Game 1: January 31

Game 2: February 7

Game 3: February 14

Game 4: February 21

Game 5: February 28

Game 6: March 7

Volunteer coaches will pick their own practice day & time. Practices are 1 hour long and can be chosen anytime during the time frame listed below: ONLY 2 teams can practice at one time

Monday	Tuesday	Wednesday	Friday
4pm-5pm		4pm-5pm	4pm-5pm
4:30pm-5pm		4:30pm-5pm	4:30pm-5pm
5pm-6pm		5pm-6pm	5pm-6pm
5:30pm-6:30pm	5:30pm-6:30pm	5:30pm-6:30pm	
6pm-7pm	6pm-7pm	6pm-7pm	
6:30pm-7pm	6:30pm-7pm	6:30pm-7pm	
7pm-8pm	7pm-8pm	7pm-8pm	

Practice weeks:

Week 1: January 19

Week 2: January 26

Week 3: February 2

Week 4: February 9

Week 5: February 16

Week 6: February 23

Week 7: March 2

All schedules, rules, policies and procedures are subject to change

Parents/Guardians

An important part of this experience includes involving the parents/guardians to support the coaches and players. Community-building is one of our key goals.

Social Media Policy:

All parents/guardians, spectators, and participants are expected to use social media in a respectful manner. We welcome all questions and commentary, including constructive feedback. Questions will be answered in a timely manner. The Daviess County Family YMCA reserves the right to remove any posts that does not adhere to the YMCA's principles and practices.

Communication:

Communication will be done through the Heja app. The team name is Daviess County YMCA Youth Basketball. To join the team you will use the team code: HT-798475. The same team name and code will be used for the entire league, this WILL NOT BE SEPARATED BY SPECIFIC TEAMS for announcements, cancelations, etc. The game schedule WILL BE by team names. Make sure you pay attention to the names to find your game times each week. This app will also have practice times by team name.



Parents/guardians are responsible for staying in contact with your child's coaches. Coaches are responsible for staying in contact with their players parent/guardian and the Program & Athletic Director and Coordinator.

If a coach cancels/moves a practice they are to let their team and the Director and Coordinator know immediately. If a player will miss a practice or a game the parent/guardian is to let their coaches know immediately. Communication is key to making this program run smoothly!

Sports pictures:

There will be individual pictures and full team pictures on a designated day, usually right before or after your scheduled game time, half way through the season. You do not have to purchase any pictures but we do ask that your child is in the full team picture. Additional information about this will be available when the season starts.

NO COACH, PLAYER, PARENT OR SPECTATOR SHALL USE FOUL OR OFFENSIVE LANGUAGE OR GESTURES OR ENGAGE IN ANY PHYSICAL ACT OF INTIMIDATION WHILE ON/NEAR THE COURT OR IN ANY PART OF THE YMCA.

There are no refunds for missed practices, games, or inclement weather

K-1st Grade League Rules

- Goals are 8 feet
- All practices and games will be at the Daviess County YMCA. Coaches are responsible for setting up/tearing down for practices.
- Practices will be 1 hour long, 1 day a week. Coaches will pick their own practice day and time that works best for them.
- Games will consist of 4 quarters, approximately 7 minutes long. Games will stop half way through each quarter to allow for substitutions.
- A colored arm band will be placed on each player, on both sides, to designate who they are guarding on defense.
- Halftime will be approximately 2 minutes.
- Every player plays half of the game.
- Coaches are expected to be on the court during the games and will be the referees for the K-1 league.
- Coaches, Y Directors, and Y Coordinators reserve the right to discipline a player for bad behavior and/or unnecessary roughness.
- Running clock. Time only stops for injuries, halftime, & subs.
- Teach Man-to-Man defense only. Kids should have their hands up & not slapping the ball or the offensive player.
- Double teaming is not permitted.
- Stealing is not permitted. This includes stepping into the passing lane.
- Defense cannot begin until the half court line has been crossed.
- There are no foul shots in K-1 league.
- No jewelry is permitted.
- Focus on introducing the game and the fundamentals.
- Incorporate the YMCA's four core values: caring, honesty, respect, and responsibility, into practices and games.

Mercy rule: If a team is up by 15+ points in the final 2 minutes of play, the game is over.

Most importantly – If you have fun, the players have fun!

***Encourage your players parents to join the team via the Heja app.**

2nd-3rd Grade League Rules

- Goals are 8 feet
- All practices and games will be at the Daviess County YMCA. Coaches are responsible for setting up/tearing down for practices.
- Practices will be 1 hour long, 1 day a week. Coaches will pick their own practice day and time that works best for them.
- Games will consist of 4 quarters, approximately 7 minutes long. Games will stop half way through each quarter to allow for substitutions.
- A colored arm band will be placed on each player, on both sides, to designate who they are guarding on defense.
- Halftime will be approximately 2 minutes.
- Every player plays half of the game.
- Coaches are expected to be on the court during the games and will be the referees for the 2nd-3rd league.
- Coaches, Y Directors, and Y Coordinators reserve the right to discipline a player for bad behavior and/or unnecessary roughness.
- Running clock. Time only stops for injuries, halftime, & subs.
- Teach Man-to-Man defense only. Kids should have their hands up & not slapping the ball or the offensive player.
- Double teaming is not permitted.
- Stealing is not permitted. This includes stepping into the passing lane.
- Defense cannot begin until the half court line has been crossed.
- There are no foul shots in 2nd-3rd league.
- No jewelry is permitted.
- Focus on introducing the game and the fundamentals.
- Incorporate the YMCA's four core values: caring, honesty, respect, and responsibility, into practices and games.

Mercy rule: If a team is up by 15+ points in the final 2 minutes of play, the game is over.

Most importantly – If you have fun, the players have fun!

***Encourage your players parents to join the team via the Heja app.**